

NARAYANA COLLEGE OF NURSING

NSS ACTIVITIES REPORT-2020

Report on Vanam-Manam Programme

On 29th July, the NSS Unit of Narayana College of Nursing actively participated in the *Vanam-Manam* programme with the objective of promoting environmental sustainability and increasing green cover. The theme of the event focused on improving greenery by planting 50 saplings within the college premises. The programme was initiated by Mrs. Ushakiran and Mrs. Kanagalakshmi. Dr. Indira S., Principal of Narayana College of Nursing, inaugurated the event. Vice Principals Mrs. Prof. Rajeswari and Prof. B. Vanajakumari, along with all Heads of Departments, also took part in the plantation drive. Twenty NSS volunteers enthusiastically participated in the event, along with several motivated students who contributed to the planting of saplings around the campus. The event emphasized the importance of environmental conservation and instilled a sense of responsibility among students towards a greener future.



Report on Swachh Bharat Programme – Cleanliness Drive

Narayana College of Nursing, under its NSS Unit, organized a Swachh Bharat cleanliness programme on 7th February 2020 at Kakatur village. A total of 50 students, including 40 B.Sc Nursing and 10 M.Sc Nursing students, actively participated in the drive. The students created awareness among the villagers about the importance of cleanliness and safe waste disposal through announcements and health talks. They educated the public on preventing mosquito breeding and emphasized the need for regular garbage disposal.

As part of the activity, accumulated waste in key areas was collected and shifted to the designated dumping yard. The garbage was cleared from several locations where necessary, contributing to a cleaner environment. The villagers responded positively and appreciated the efforts of the NSS volunteers and students for their commitment to public health and hygiene.



International Women's Day Celebration

Narayana College of Nursing celebrated International Women's Day on 8th March 2020 with great enthusiasm to promote gender equality and honor the achievements of women. The event aimed to raise awareness about women's rights and the importance of educating the girl child for the development of society.

Dr. Indira S., Nursing Dean, emphasized the need to recognize women's achievements and uphold gender equality. Prof. and Dr. Rajeswari, Vice Principal, highlighted the role of education in empowering women. Prof. A. Latha shared her personal journey of struggles and success, inspiring students and faculty. The programme was organized by NSS Programme Officer Mrs. T. Usha Kiran, and Ms. Deepa, M.Sc. Nursing student, delivered the vote of thanks. Around 80 student volunteers actively participated and contributed to the success of the programme.



Personality Development Programme

The NSS Unit of Narayana College of Nursing organized a Personality Development Programme on 22nd February 2020 in the college premises. The session was conducted by Dr. Kolli Karunamurthy, Former NSS Programme Coordinator of NTRUHS, who delivered an inspiring talk on building a positive attitude and essential life skills. The event was held under the guidance of Dr. Indira S., Principal, and Dr. Rajeswari, Vice Principal, with active participation from all department heads. A total of 55 NSS volunteers, mainly 1st-year students, took part enthusiastically. The programme was coordinated by NSS Programme Officer Mrs. Usha Kiran and aimed at motivating students to enhance their personal and professional development.



Anti-Spitting and Tobacco Awareness Campaign

Narayana College of Nursing NSS unit actively participated in an online awareness campaign initiated by NTRUHS in collaboration with Sambandh Health Foundation to discourage the use of smokeless tobacco and public spitting during the COVID-19 pandemic. The campaign aimed to educate the public using digital platforms like www.pledgeforlife.org.

A total of 48 NSS volunteers, under the guidance of NSS Programme Officer Mrs. Usha Kiran, attended a webinar conducted by Dr. Vivekanand Kattamaneni. Educational content and awareness videos were shared with the volunteers to further circulate among the public. Participants received e-certificates for their involvement, contributing effectively to the public health initiative.



“Developing Leadership Qualities in Youth for Community Development”

The NSS Unit of Narayana College of Nursing actively participated in a national-level webinar on the theme **“Developing Leadership Qualities in Youth for Community Development”**, organized by Vikrama Simhapuri University NSS Cell in association with the State NSS Cell. The webinar was conducted on 24th September 2020 from 10:00 AM to 1:00 PM.

A total of **50 students and NSS volunteers** from Narayana College of Nursing registered and took part in the event. Eminent speakers including **Shri Gampa Nageshwer Rao**, Psychologist and Soft Skill Trainer, **Dr. W. G. Prasanna Kumar**, Chairman of MGNCRE, **Dr. L. Vijaya Krishna Reddy**, Registrar of VSU, and **Dr. K. Ramesh Reddy**, AP State NSS Officer, delivered insightful sessions focusing on leadership, youth empowerment, and community development.

The programme effectively motivated students to develop leadership qualities, take social responsibility, and contribute to nation-building.

